- It is the policy of OPTIONS to provide services and/or take other action only when an informed, signed consent form is on file in the person's record. Informed consent policy will apply to the parent(s), legal guardian(s) or conservator in cases where the person is a minor or unable to give informed consent because of guardianship or conservatorship. The following steps will be utilized to protect persons from receiving unwanted treatment or services:
 - 1.1 An Individual Service Plan (ISP) will be developed with all persons receiving services from OPTIONS. Each person will participate in the development of their plan. A person may choose to complete a Person-Centered Plan to help prepare for the ISP meeting if desired.
 - 1.2 Each person participating in the ISP meeting will sign that they acknowledge and agree with the plan. If the person served is unable to sign the ISP, the parent(s), legal guardian(s) or conservator will sign for them.
 - 1.3 Before any medical treatment, use of behavior management program, use of psychotropic medication, use of anti-convulsant medication, or participation in a school or work program is either provided, prescribed or facilitated by OPTIONS, appropriate notification and signed acknowledgment will be secured from the person or their parent(s), guardian(s) or conservator.
 - 1.4 Services and treatment will be described to the person, their parent(s), guardian(s), or conservator in a language and manner that can be understood by all parties concerned.
 - 1.5 No information will be sought by OPTIONS or provided by OPTIONS to other persons or organizations without first acquiring appropriate signed consents for release of information from the person, their parent(s), guardian(s), or conservator.

POLICY DATE: February 1996

REVISED: April 2004, August 2007, May 2012, September 2014

REVISED: July 2015

REVIEWED: September 2016 REVISED: October 2017

REVIEWED: October 2018, November 2019, November 2020, March 2022

REVISED: March 2023